



LENT

2022 personal and group studies

Rather than providing a devotional study that relies on the reflections of the author, this year we will examine scriptures based on this year's lectionary readings using the Discovery Bible Study method. It is designed for groups or can easily be adapted for personal reflection.

This method was pioneered by Campus Crusade for Christ as a simple approach that has proved successful in discipling people at all stages of their faith journey right through to leadership and becoming reproducing disciples.

There are key advantages for using this method:

1. Its outcome is making disciples rather than just studying the word for knowledge
2. It is effective for 3-12 people with an optimum group size of 4-8
3. It doesn't require any material besides the Scriptures. In fact, avoid using commentaries and other resources and let the God-breathed scriptures speak for themselves to allow for the best results
4. The approach to leading these groups is facilitation rather than teacher, which gives several benefits:
 - The Holy Spirit is the teacher
 - Allows for a higher level of participation which increases learning capacity
 - Requires very little preparation for the leader
 - The leader does not need to know all the answers
 - It is a relational approach that creates strong community and accountability
 - It becomes a highly reproducible model to multiply disciples

Relational Home Group Process

*Based on Discovery Bible Study process

1 Thankful?

From this past week, what is something you're thankful for?

Positions our hearts to be grateful, models prayer, practices gratitude

2 Challenge?

From this past week, what was challenging for you?

Positions our hearts to admit that we have needs and Implies we need help
Questions 1-2 help us to “look back” and form community

3 How did it go?

How did it go?

Based on the previous week's Study “I will statements”/ ending Challenge”
Question 3 ushers in accountability and transformational, missional living

4 The Study - Discover

- i. Ask someone to read the passage one paragraph at a time.
- ii. Have a group member tell it in their own words.
- iii. Ask the group if they added anything or left anything out.

Questions #5-7 are the core of the DBS process.

***5 God?**

What does this study say about God?

***6 People?**

What does this study say about people?

***7 Obedience?**

What does this passage say about obedience?

7b I will . . .

In light of what we now know about his passage, what is God calling you to do this week?

As you discuss what has been observed, allow time (a minute or two) for people to simply examine, breathe, & meditate. Ask, “God, what do you want me to do this week because of what I’ve seen today?” Don’t rush this part. (1-2 minutes)

This is the transformational part, where my life begins to look differently. I become intentional. Because of my new or reinforced beliefs about God and People, how do I behave differently this week?

8 Share?

How will I live this out loud this week? Who needs to hear this?

Here, the DBS provokes intentional “living out loud” of what I’ve learned--for others to see or know. It puts me on mission for the week

9 Challenge?

In this upcoming week, what is going to be a challenge? Who can I share this with? What needs can we meet?

Typically, what happens is that group members do, in fact, pray here—but don’t force or make this the expectation. Be spurred on to “love and good deeds” and go walk in them. Don’t just leave “it” there,. go do life with each other outside of the church. Live out Biblical community—to do some real life TOGETHER beyond the DBS.

Groups can choose to focus on the Sunday passage, choose the one for the day they meet or any others that are appropriate to your group.

Mar-02 Ash Wed	Rewarded already?	Matthew 6:1-6, 16-21
Mar-03 Thu	Return to the Lord	Joel 2:1-2, 12-17
Mar-04 Fri	What kind of Fasting?	Isaiah 58:1-12
Mar-05 Sat	Clean heart available	Psalms 51:1-17
Mar-06 Sun Lent 1	Responding to a test	Luke 4:1-13
Mar-07 Mon	Are you included?	Romans 10:8b-13
Mar-08 Tue	Rejoice in all good things	Deut 26:1-11
Mar-09 Wed	“Because he loves me”	Psalms 91:1-2,9-16
Mar-10 Thu	Who do you represent?	2 Cor 5:20b-6:10
Mar-11 Fri	What is your confidence in?	Hebrews 10:16-25
Mar-12 Sat	Saved by Love	Psalms 31:1-4,15-16
Mar-13 Sun Lent 2	“Blessed is he”	Luke 13:31-35
Mar-14 Mon	“This is my Son...listen to him”	Luke 9:28-36

Mar-15 Tue	Faith to believe in God's promises	Gen 15:1-12, 17-18
Mar-16 Wed	"Seek his face!"	Psalms 27
Mar-17 Thu	"Our citizenship is in heaven"	Philippians 3:17-4:1
Mar-18 Fri	"Have the same mindset as Christ Jesus"	Philippians 2:5-11
Mar-19 Sat	Living for God—Love each other	1 Peter 4:1-8
Mar-20 Sun Lent 3	"Unless you repent"	Luke 13:1-9
Mar-21 Mon	"Seek the Lord "	Isaiah 55:1-9
Mar-22 Tue	"Your love is better than life"	Psalms 63:1-8
Mar-23 Wed	"Provided a way out"	1 Cor 10:1-13
Mar-24 Thu	"I will always have hope"	Psalms 71:1-14
Mar-25 Fri Annunciation of the Lord	"Highly favored"	Luke 1:26-38
Mar-26 Sat	Here I am!	Hebrews 10:4-10
Mar-27 Sun Lent 4	Which son are you?	Luke 15:1-3, 11-32
Mar-28 Mon	Blessed are the forgiven	Psalms 32
Mar-29 Tue	"The message of reconciliation"	2 Cor 5:16-21
Mar-30	"The produce of the land"	Joshua 5:9-12
Mar-31 Thur	"I desire to do your will, my God"	Psalms 40:5-10
Apr-01 Fri	"The Lord is Great"	Psalms 70
Apr-02 Sat	"Spur one another on"	Hebrews 10:16-25
Apr-03 Sun Lent 5	Pure motives	John 12:1-8
Apr-04 Mon	"Forget the former things"	Isaiah 43:16-21
Apr-05 Tue	"The Lord has done great things"	Psalms 126
Apr-06 Wed	I press on to what?	Philippians 3:4b-14
Apr-07 Thur	"You are my God."	Psalms 31:9-16
Apr-08 Fri	"His love endures forever."	Psalms 118:1-2,19-29
Apr-09 Sat	"How priceless is your unfailing love"	Psalms 36:5-11
Apr-10 Palm Sun	"the stones will cry out."	Luke 19:28-40
Holy Week		
Apr-11 Mon	"Here is my servant"	Isaiah 42:1-9
Apr-12 Tue	"For this very reason"	John 12:20-36
Apr-13 Wed	"Betray me"	John 13:21-32
Apr-14 Maundy Thur	"In remembrance of me."	1 Cor 11:23-26
Apr-15 Good Fri	"Pierced for our transgressions"	Isaiah 52:13-53:12
Apr-16 Holy Sat	"Take a guard,"	Matthew 27:57-66



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